



Free-Throw Contest Rules

1. Note that it will take approximately 10 minutes to shoot the 50 shots.
2. Each Participant will shoot 50 free throws. The top shooters will be awarded an IM Championship T-Shirt and prize.
3. Once a participant is ready to shoot they will receive up to 2 practice attempts.
4. The count begins with the first made free throw.
5. If the 2 practice free throws are made they may be counted. However if the third shot is missed they do NOT get to start over.
6. The participant will have approximately 10 seconds to shoot the free throw once they are given the ball by the IM Worker.
7. Each participant can take ONE 30 second time-out if they desire. However, they do not get any warm up shots after the time out.
8. The 50 shots must be consecutive with the exception of the 30 second time out.
9. The winning shooters will be notified about picking up their T-shirt.