

Lindsey Eimers – physical education

Why did you choose your degree program? How has it helped you grow personally and professionally?

I chose to study physical education because of my love for fitness and sports. I want to share this passion with my future students. The physical education program has helped me grow personally because it has pushed me outside my comfort zone. The program has prepared me to be a great teacher that cares about every single student.

What activities are you involved in at McKendree?

I was a student assistant for the women's basketball team at McKendree.

What are you most proud of accomplishing during your time here?

I am most proud of completing my student teaching and being a part of the women's basketball team this year as we won the most games since turning Division II.

If you could go back in time, what advice would you give your first-year self?

I would tell myself to enjoy every second of it because it will fly by before you know it.

Who helped you the most on your journey?

Dr. Cornell helped me the most on my journey because she kept pushing me outside my comfort zone when I was student teaching. My friends also helped me because they were always there for me throughout my four years.

What's next after graduation?

I will be moving out to Charleston, South Carolina to begin teaching elementary physical education.