## Brynne Luebbers – psychology

# Why did you choose your degree program? How has it helped you grow personally and professionally?

I chose my biopsychology degree program because I have always been interested in the connection between biology and psychology. With that in mind, I was very interested in a major that combines both of those subjects. My major has helped me develop many skills, including critical thinking and problem solving, which I will use in my future career of occupational therapy.

# What activities are you involved in at McKendree?

I am currently on the beach volleyball team here at McKendree. I also spend some time working in the Student Success Center on campus.

#### What are you most proud of accomplishing during your time here?

I am most proud of being awarded "Most Outstanding Student in Psychology." I am also proud of maintaining a 4.0 GPA throughout my time at McKendree and being on the President's List for each semester.

# If you could go back in time, what advice would you give your first-year self?

If I could go back in time, I would tell my first-year self to get as involved as possible in activities at McKendree, because there are so many opportunities out there. I would also tell myself to not stress so much and trust the process, because everything will work out.

## Who helped you the most on your journey?

I had such an amazing amount of support throughout my time here at McKendree. All of my professors, advisors, coaches, teammates, friends, and family were a huge part of this journey, and I am so grateful for all of their support!

#### What's next after graduation?

After graduation, I will be attending Maryville University to continue my education in the occupational therapy graduate program. I will be getting my master's degree in occupational therapy with the hopes to work as an occupational therapist in the field of pediatrics.