

Health and Wellness Major – 2014 - 2015 Catalog
GOVERNMENT/COMMUNITY HEALTH & WELLNESS TRACK

| FIRST YEAR | | | | |
|--------------------|-------------|--|--------------------|-------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| ENG 111 | 4 | | ENG 112 | 4 |
| UNI 101 | 1 | | MTH 310 | 4 |
| HPE 210 | 3 | | PSY 153 | 4 |
| HPE 158 | 3 | | GENERAL EDUCATION | 3 |
| PED 206 | 2 | | HPE 200 | 3 |
| ATH 200 | 3 | | | |
| TOTAL HOURS | 17.0 | | TOTAL HOURS | 18.0 |

| SECOND YEAR | | | | |
|--------------------|-------------|--|--------------------|-------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| GENERAL EDUCATION | 6 | | GENERAL EDUCATION | 6 |
| HPE 214 | 3 | | BIO 307 | 5 |
| BIO 101 | 4 | | HPE 300 | 3 |
| BIO 101L | 0 | | HPE 250 | 2 |
| HPE 159 | 2 | | | |
| TOTAL HOURS | 16.0 | | TOTAL HOURS | 16.0 |

| THIRD YEAR | | | | |
|---------------------------|-------------|--|---------------------------|-------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| HPE 410 | 3 | | GENERAL EDUCATION | 3 |
| GENERAL EDUCATION | 6 | | MAJOR ELECTIVES UL** (#3) | 3 |
| MAJOR ELECTIVE** (#1) | 3 | | MAJOR ELECTIVE UL ** (#4) | 3 |
| MAJOR ELECTIVE UL ** (#2) | 3 | | PSY 211 | 3 |
| TOTAL HOURS | 15.0 | | TOTAL HOURS | 12.0 |

| FOURTH YEAR | | | | |
|---------------------------|-------------|--|--------------------|-------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| HPE 390 | 3 | | HPE 450 | 3 |
| MAJOR ELECTIVES UL** (#5) | 3 | | HPE 490 | 3 |
| HPE 420 W | 3 | | HPE 470 | 8 |
| ELECTIVES | 6 | | | |
| TOTAL HOURS | 15.0 | | TOTAL HOURS | 14.0 |

***General Education Requirements – Some courses fulfill general education as well as major requirements. See catalog for accepted courses for general education**

If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.

****Choose a minimum of 5 courses from the list below.**

GOVERNMENT/COMMUNITY HEALTH & WELLNESS ELECTIVES:

- | | |
|---|------------------------|
| HPE 212 (every spring) or PED 353 (every fall) | HPE 281 (even spring)# |
| HPE 301 W (odd spring) | HPE 379 (odd spring)# |
| HPE 370 (even fall)# | HPE 375 (even fall) |
| HPE 400 W (every spring) | HPE 430 (every spring) |
| PSY 370 (every spring) | HPE 435 (odd fall) |

indicates electives that are strongly recommended