

Exercise Science and Sports Performance Major – 2015-2016 Catalog

| FIRST YEAR | | | | |
|--------------------|-------------|--|-------------------------|-------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| *ENG 111 | 4 | | *ENG 112 | 4 |
| *UNI 101 | 1 | | PED 206 (8 week course) | 2 |
| ^*HPE 158 | 3 | | HPE 200 | 3 |
| ^*PSY 153 | 4 | | PED 109 | .5 |
| *BIO 101 or 110 | 4 | | ^PED 157 | 3 |
| *BIO 101L or 110L | 4 | | GENERAL EDUCATION | 3 |
| TOTAL HOURS | 16.5 | | TOTAL HOURS | 15.5 |

| SECOND YEAR | | | | |
|--------------------------|--------------------|----|-------------------------|-------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| PED 114, 115, 116 or 125 | .5 (8 Week Course) | | BIO 309 | 5 |
| *SPC 100 or 220 | 3 | | BIO 309L | 0 |
| PED 465 | 3 | OR | PED 202 | 3 |
| *BIO 308 | 5 | | PED 121 (8 week course) | .5 |
| *BIO 308L | 0 | | HPE 250 | 2 |
| GENERAL EDUCATION | 6 | | ^ATH 200 | 3 |
| | | | GENERAL EDUCATION | 3 |
| TOTAL HOURS | 17.50 | | TOTAL HOURS | 16.5 |

| THIRD YEAR | | | | |
|--------------------|--------------------|--|-------------------------|--------------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| PED 108 | .5 (8 Week Course) | | PED 348(W) | 3 |
| PED 403(W) | 3 | | PED 357 | 3 |
| PED 356 | 3 | | SPM 320 | 3 |
| PED 404 | 3 | | PED 405 | 3 |
| ^HPE 300 | 3 | | PED 126 (8 week course) | .5 |
| GENERAL EDUCATION | 3-6 | | GENERAL EDUCATION | 3-6 |
| TOTAL HOURS | 15.5 – 18.0 | | TOTAL HOURS | 15.5 – 18.0 |

| FOURTH YEAR | | | | |
|---|------------------|--|--------------------|------------------|
| <u>FALL</u> | | | <u>SPRING</u> | |
| PED 349 | 3 | | PED 460 | 2 |
| PED 365 | 3 | | PED 455 | 4 |
| GENERAL EDUCATION | 3 | | PED 492 | 2 |
| ELECTIVE | 3-6 | | PED 470 | 3-8 |
| | | | PED 456 | 0 |
| | | | PED 457 | 0 |
| TOTAL HOURS | 12.0-15.0 | | TOTAL HOURS | 14.0-17.0 |
| CSCS AND HEALTH FITNESS SPECIALIST EXAMS | | | | |

*General Education Requirements – Some courses fulfill general education as well as major requirements.

^Courses that are offered each semester.

If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.