"Harvest Challenge" 2011 Race Information

General: The 5K course is a rolling route through the Lebanon shopping district, a residential area to our local park, and returning to campus. 5K participants may also walk. The half marathon course is a rolling to hilly but scenic route that initially travels the same route as the 5K and then extends to the farmland, meadows, pastures, one-lane bridges, and forested areas of northern St. Clair and southern Madison County. Runners enter "Hill Country" at the 8.5 mile point and will face a series of challenging climbs over the next 1.5 miles. The half marathon finish line is the same as the 5K. Our half marathon course closes at 11:00am, so we discourage walkers. We allow strollers on the 5K course only. We expect about 300 total participants. Enjoy post-race refreshments while they last. On Race Day, add \$5.00 to normal registration fees. The pre-race briefing is at 7:40am. Our McKendree phone number is (618) 537-6420/6941.

Course Distances: To keep both races starting at the same start line and finishing at the same finish line, our half marathon course is slightly long. The 5K does measure 3.1 miles, but our "Super" Half Marathon, from start to finish, is actually 13.25 miles. You can, however, still nail a Personal Best (PB) time because we have a sign and a volunteer with a stop watch at the <u>exact</u> 13.1-mile point of the half marathon calling off times. You can note your time at that moment and then continue the short distance remaining to our finish line. Because of the different start/finish lines, our timing company computes results based on the "Gun-to-Chip" time (the time you cross the start line to the time you cross the finish line). So, if you're looking for a medal or a PB, move to the front at the starting line.

Directions to McKendree University

- ➤ Interstate 64 to Exit 23, Illinois Route 4, Lebanon. Turn north on Route 4.
- > Turn left (west) at the first flashing red light on West St. Louis Street in Lebanon.

Or

- Interstate 70 to Exit 21, Illinois Route 4. Turn south on Route 4.
- > Travel about 9 miles and turn right (west) at the flashing red light on West St. Louis Street in Lebanon.

Then,

- Turn right (north) on Alton Street.
- Travel north on Alton Street for ½ mile and just past the 4-way stop sign; our Melvin Price Convocation Center (MPCC) is on the right.
- ➤ There's plenty of parking (1) at the MPCC, (2) near the starting line across from the McKendree Fountain, or (3) in parking lots no one ever uses on Stanton Street which is one block on the other (west) side of the fountain.

For your convenience (and for a small fee), you can also register online at active.com until midnight CDT September 7th.

Here's how: Go to our University race web site at mckendree.edu/raceday and, in the left margin, click "Harvest Challenge September 2011." Scroll to mid-page and click on the "Register online at Active.com" link and you'll arrive at our active.com web site. Click "Register Now" and on the next page, select your race and start registering.

or

Go directly to the "active.com" web site and type "McKendree Harvest Challenge" into the search bar at the top of the page. Click the "Search" button and you'll be taken to an "Activities" tab on the next page. Click "McKendree Harvest Challenge Half Marathon and 5K." On the next page, click "Register Now," and on the next page, select your race and start registering.