

“Ramble into Spring” 2011 Race Information

All three race courses start at the McKendree Fountain in the center of campus and follow a mostly flat to rolling route through the historic Lebanon shopping district, a residential area, and north to Horner Park. The 5K course turns into Horner Park for a very short distance and then heads back to campus. The 10K and 10-Mile courses extend past the park to the scenic farmland of northern St. Clair County. All three races finish at the Lebanon water tower across from the Melvin Price Convocation Center (MPCC) on the north end of campus. You are welcome to walk the 5K or push a stroller on the 5K, but please, no walkers (unless you’re catching your breath) on the 10K or 10-Mile courses. We expect about 500 total participants. Enjoy post-race refreshments while they last. Your registration fee is \$12.00, but on Race Day, that fee is \$17.00. The pre-race course and safety briefing is in the MPCC at 7:40am. Our McKendree phone number is (618) 537-6420/6941.

Directions to McKendree University

- Interstate 64 to Exit 23, Illinois Route 4, Lebanon. Turn north on Route 4.
- Turn left (west) at the first flashing red light on West St. Louis Street in Lebanon.

Or

- Interstate 70 to Exit 21, Illinois Route 4. Turn south on Route 4.
- Travel about 9 miles and turn right (west) at the flashing red light on West St. Louis Street in Lebanon.

Then,

- Turn right (north) on Alton Street.
- Travel north on Alton Street for ½ mile and just past the 4-way stop sign; our Melvin Price Convocation Center (MPCC) is on the right.
- There’s plenty of parking (1) at the MPCC, (2) near the starting line across from the McKendree Fountain, or (3) in parking lots no one ever uses on Stanton Street which is one block on the other (west) side of the fountain.

For your convenience, you can also register online at active.com

Here’s how: Go to our University race web site at mckendree.edu/raceday. In the left margin, click “Ramble into Spring, March 2011.” Scroll down to “Payment Options” and click on “online via active.com.” On the next page, you’ll find general race information. Scroll to mid-page and click “Register Now.” You can now begin registering.

or

Go directly to the “active.com” web site, type “McKendree Ramble into Spring” into the search bar at the top of the page, click the “Search” button, and you’ll be taken to our registration page. Click “McKendree Ramble into Spring 5K/10K/10-Miler.” On the next page, you’ll find general race information. Scroll to mid-page and click “Register Now.” You can now begin registering.

Active.com is a secure web site used by Race Directors across the country. It gives you the convenience of registering from your computer and paying with your credit card. Active.com does charge a service fee of \$3.25 per registration for this convenience which is your responsibility. Your last chance to register online is midnight Central Standard Time, March 16th. Feel free to take advantage of this option or register through the mail or here in person at the McKendree University Intramural Gym Desk on the north end of the MPCC.

Course Records

5K – Men

Michael Mendez, 16:06, September 18, 2010

10K – Men

Brad Martini, 44:38, March 20, 2010

10-Miler – Men

Andrew Krantz, 59:10, March 20, 2010

5K – Women

Megan Doty, 20:14, September 18, 2010

10K – Women

Jan Daker, 50:22, March 20, 2010

10-Miler – Women

Eileen Petito, 1:07:20, March 20, 2010

*Watch for “The Great McKendree Bike Chase” coming in July 2011
and our
“Harvest Challenge” 5K/Half Marathon in September!*