

Pre-counseling Accelerated Bachelor of Arts/ Clinical Mental Health Counseling Master of Arts

Division of Social Sciences

PRE-COUNSELING:

- **Major: 33 credit hours**
- **Major GPA required for graduation: 3.50**
- **GPA required for continuation in the program: 3.50**

PROGRAM REQUIREMENTS:

- **Capstone: Research Methods and Senior Thesis (W) (PSY 496)**
- **Research: Research Methods and Senior Thesis (W) (PSY 496)**

Description of Major: The accelerated pre-counseling major provides students with an undergraduate background in psychology and counseling before they apply for admission into McKendree's Master of Arts in Clinical Mental Health Counseling program. The major offers students an opportunity to complete the full McKendree general education program and psychology major requirements in three years. Students who are accepted into the master's program complete the three years of graduate coursework required to become eligible for the state Licensed Clinical Professional Counselor (LCPC) examination, which allows individuals to practice independently and receive third-party payment.

Student Learning Outcomes

Students will:

- Demonstrate fundamental knowledge and comprehension of the major concepts, theoretical perspectives, historical trends, and empirical findings to discuss how psychological principles apply to behavioral phenomena.

- Demonstrate scientific reasoning and problem solving, including effective research methods.
- Develop ethically and socially responsible behaviors for professional and personal settings in a landscape that involves increasing diversity.
- Develop the professional skills needed for success after graduation.
- Develop appropriate knowledge and skills to affect wellness and facilitate change.

Bachelor of Arts in Pre-counseling Major

Pre-counseling majors complete 24 required credits in undergraduate psychology and nine elective credits in psychology.

Pre-counseling majors must complete 30 credit hours at McKendree University with pre-counseling officially declared as their major. Students must maintain a cumulative GPA of 3.50 to remain in the major. Two consecutive semesters with a GPA below 3.50 results in removal from the major. Students may reapply for acceptance into the major if they successfully raise their GPA to 3.50 and maintain it for two consecutive semesters.

Pre-counseling majors complete 102 undergraduate credits in their first three years, then they may apply for acceptance into the Master of Arts in Clinical Mental Health Counseling program. Admission to the Master of Arts in Clinical Mental Health Counseling is competitive, and acceptance is not guaranteed. Students who are not accepted into the graduate program complete 18 additional undergraduate credits and graduate with a Bachelor of Arts in Psychology. Students who withdraw from the program or do not maintain the required GPA may also complete the Bachelor of Arts in Psychology.

PRE COUNSELING

MAJOR REQUIREMENTS 24 crs.

PSY 153	INTRODUCTION TO PSYCHOLOGY	3
PSY 201	PSYCHOLOGY CORNERSTONE	1
PSY 301	PSYCHOLOGICAL STATISTICS	3
PSY 315	ABNORMAL PSYCHOLOGY	3
PSY 375	PSYCHOLOGICAL ASSESSMENT	3
PSY 396	RESEARCH METHODS	3
PSY 450	CLINICAL AND COUNSELING PSYCHOLOGY	3
PSY 496	SENIOR THESIS (W)	3
PSY 498	PROFESSIONAL SEMINAR	2

ADDITIONAL 9 CREDITS FROM THE FOLLOWING

PSY 210	DEVELOPMENTAL PSYCHOLOGY	3
PSY 211	STRESS MANAGEMENT	3
PSY 230	SUBSTANCE ABUSE	3
PSY 330	BASIC PRINCIPLES OF APPLIED BEHAVIORAL ANALYSIS	3
PSY 396	ETHICS IN RESEARCH AND THERAPY	3
PSY 417	THEORIES OF PERSONALITY	3
PSY 425	POSITIVE PSYCHOLOGY	3

Additional Coursework at the Combined Undergraduate and Graduate Level

After acceptance into the Master of Arts in Clinical Mental Health Counseling program, students complete the following graduate coursework in their first year of graduate school that counts for both undergraduate- and graduate-level credit. Students must receive a grade of B- or better in each course and remain in good standing with graduate program requirements. Students earn a Bachelor of Arts in Pre-counseling after their first year of graduate school when they have successfully completed 120 credit hours. Students who are accepted into the program are classified as graduate students and are not eligible for undergraduate financial aid or services.

FIRST YEAR OF MASTER OF ARTS

IN CLINICAL MENTAL HEALTH

COUNSELING COURSES 18 crs.

CNL 590	FOUNDATIONS OF PROFESSIONAL COUNSELING	3
CNL 602	PROFESSIONAL AND ETHICAL ISSUES	3
CNL 600	COUNSELING THEORY	3
CNL 603	COUNSELING SKILLS	3
CNL 608	INDIVIDUAL ASSESSMENT	3
CNL 610	GROUP COUNSELING	3

Additional Coursework at the Graduate Level

After their first year of graduate school, students complete the remaining requirements of the Master of Arts in Clinical Mental Health Counseling program. The requirements include 42 credit hours of coursework and can be completed in two years.

ADDITIONAL MA IN CLINICAL MENTAL HEALTH COUNSELING COURSES

42 crs.

CNL 601	SOCIAL AND CULTURAL FOUNDATIONS	3
CNL 605	RESEARCH AND EVALUATION	3
CNL 606	HUMAN DEVELOPMENT AND LEARNING	3
CNL 607	ADDICTIONS COUNSELING	3
CNL 609	COUPLES AND FAMILY COUNSELING	3
CNL 611	CAREER DEVELOPMENT AND COUNSELING	3
CNL 614	GRIEF, LOSS, AND CRISIS INTERVENTION	3
CNL 620	PSYCHOPATHOLOGY AND MALADAPTIVE BEHAVIOR I	3
CNL 621	PSYCHOPATHOLOGY AND MALADAPTIVE BEHAVIOR II	3
CNL 630	PRACTICUM I	3
CNL 631	PRACTICUM II	3
CNL 637	INTERNSHIP I	3
CNL 638	INTERNSHIP II	6
CNL 697	COMPREHENSIVE EXAMINATION	0