

**Health and Wellness Major – 2012 – 2013 Catalog**

<b>FIRST YEAR</b>				
<u>FALL</u>			<u>SPRING</u>	
ENG 111	4		ENG 112	4
UNI 101	1		GENERAL EDUCATION	12
HPE 210	3		WRITING PROFICIENCY EXAMS	
HPE 158	3			
PED 206	2			
PSY 153	4			
<b>TOTAL HOURS</b>	<b>17.0</b>		<b>TOTAL HOURS</b>	<b>16.0</b>

<b>SECOND YEAR</b>				
<u>FALL</u>			<u>SPRING</u>	
GENERAL EDUCATION	7		GENERAL EDUCATION	6
HPE 214	3		BIO 307	5
PSY 211	3		HPE 212	3
BIO 101	4		HPE 220	3
BIO 101L	0			
<b>TOTAL HOURS</b>	<b>17.0</b>		<b>TOTAL HOURS</b>	<b>17.0</b>

<b>THIRD YEAR</b>				
<u>FALL</u>			<u>SPRING</u>	
HPE 410	3		PSY 370	3
GENERAL EDUCATION	9		MAJOR ELECTIVES UL	3
ELECTIVE	3		ELECTIVE	9
MAJOR ELECTIVE UL	3			
<b>TOTAL HOURS</b>	<b>18.0</b>		<b>TOTAL HOURS</b>	<b>15.0</b>

<b>FOURTH YEAR</b>				
<u>FALL</u>			<u>SPRING</u>	
ELECTIVES	5		HPE 450	3
MAJOR ELECTIVES UL	6		MAJOR ELECTIVE UL	3
HPE 420	3		HPE 470	8
<b>TOTAL HOURS</b>	<b>14.0</b>		<b>TOTAL HOURS</b>	<b>14.0</b>

**\*General Education Requirements – Some courses fulfill general education as well as major requirements. See catalog for accepted courses for general education**

**If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.**