

**Health and Wellness Major – 2014-2015 Catalog**  
**GOVERNMENT/COMMUNITY HEALTH & WELLNESS TRACK**

<b>FIRST YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
ENG	111	4	ENG	112	4
UNI	101	1	MTH	310	4
HPE	210	3			
HPE	158	3	PSY	153	4
PED	206	2	GENERAL EDUCATION		3
ATH	200	3	HPE	200	3
TOTAL HOURS		17.0	TOTAL HOURS		18.0

<b>SECOND YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
GENERAL EDUCATION		6	GENERAL EDUCATION		6
HPE	214	3	BIO	307	5
BIO	101	4	HPE	300	3
BIO	101L	0	HPE	250	2
HPE	159	2			
TOTAL HOURS		16.0	TOTAL HOURS		16.0

<b>THIRD YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
HPE	410	3	PSY	370	3
GENERAL EDUCATION		9	MAJOR ELECTIVES UL** (#3)		3
MAJOR ELECTIVE** (#1)		3	MAJOR ELECTIVE ** (#4)		3
MAJOR ELECTIVE UL** (#2)		3	PSY	211	3
TOTAL HOURS		18.0	TOTAL HOURS		18.0

<b>FOURTH YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
HPE	390	3	HPE	450	3
MAJOR ELECTIVES UL** (#5)		3	HPE	490	3
HPE	420 W	3	HPE	470	8
ELECTIVES		3	ELECTIVES		3
TOTAL HOURS		17.0	TOTAL HOURS		17.0

**\*General Education Requirements – Some courses fulfill general education as well as major requirements. See catalog for accepted courses for general education**

**If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.**

**\*\*Choose a minimum of 5 courses from the list below.**

**GOVERNMENT/COMMUNITY HEALTH & WELLNESS ELECTIVES:**

HPE 212 (every spring) or PED 353 (every fall)  
HPE 301 W (odd spring)  
HPE 370 (even fall)#  
HPE 400 W (every spring)  
PSY 370 (every spring)

HPE 281 (even spring)#  
HPE 379 (even fall)#  
HPE 375 (even fall)  
HPE 430 (odd spring)  
HPE 435 (odd fall)

# indicates electives that are strongly recommended