

**Health and Wellness Major – 2013-2014 Catalog**  
**GOVERNMENT/COMMUNITY HEALTH & WELLNESS TRACK**

<b>FIRST YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
ENG 111	4		ENG 112	4	
UNI 101	1		MTH 310	4	
HPE 210	3		WRITING PROFICIENCY EXAMS		
HPE 158	3		PSY 153	4	
PED 206	2		GENERAL EDUCATION		
ATH 200	3		HPE 200	3	
TOTAL HOURS		17.0	TOTAL HOURS		18.0

<b>SECOND YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
GENERAL EDUCATION		6	GENERAL EDUCATION		6
HPE 214	3		BIO 307	5	
BIO 101	4		HPE 300	3	
BIO 101L	0		HPE 250	2	
HPE 159	2				
TOTAL HOURS		16.0	TOTAL HOURS		16.0

<b>THIRD YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
HPE 410	3		PSY 370	3	
GENERAL EDUCATION		9	MAJOR ELECTIVES UL** (#3) 3		
MAJOR ELECTIVE** (#1)		3	MAJOR ELECTIVE ** (#4) 3		
MAJOR ELECTIVE UL** (#2)		3	PSY 211	3	
TOTAL HOURS		18.0	TOTAL HOURS		18.0

<b>FOURTH YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
HPE 390	3		HPE 450	3	
MAJOR ELECTIVES UL** (#5)		3	HPE 490	3	
HPE 420 W	3		HPE 470	8	
ELECTIVES		3	ELECTIVES		3
TOTAL HOURS		17.0	TOTAL HOURS		17.0

**\*General Education Requirements – Some courses fulfill general education as well as major requirements. See catalog for accepted courses for general education**

**If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.**

**\*\*Choose a minimum of 5 courses from the list below.**

**GOVERNMENT/COMMUNITY HEALTH & WELLNESS ELECTIVES:**

- |   |                        |
|---|------------------------|
| HPE 212 (every spring) <b>or</b> PED 353 (every fall) | HPE 281 (even spring)# |
| HPE 301 W (odd spring)                                | HPE 379 (even fall)#   |
| HPE 370 (even fall)#                                  | HPE 375 (even fall)    |
| HPE 400 W (every spring)                              | HPE 430 (odd spring)   |
| PSY 370 (every spring)                                | HPE 435 (odd fall)     |

# indicates electives that are strongly recommended