

**Health and Wellness Major – 2014-2015 Catalog  
CLINICAL WELLNESS TRACK**

<b>FIRST YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
ENG 111		4	ENG 112		4
UNI 101		1	MTH 310		4
HPE 210		3			
HPE 158		3	PSY 153		4
PED 206		2	GENERAL EDUCATION		3
ATH 200		3	HPE 200		3
TOTAL HOURS		16.0	TOTAL HOURS		18.0

<b>SECOND YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
GENERAL EDUCATION		6	GENERAL EDUCATION		6
HPE 214		3	BIO 307		5
BIO 101		4	HPE 300		3
BIO 101L		0	HPE 250		2
HPE 159		2			
TOTAL HOURS		15.0	TOTAL HOURS		16.0

<b>THIRD YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
HPE 410		3	PSY 370		3
GENERAL EDUCATION		9	MAJOR ELECTIVES UL** (#3)		3
MAJOR ELECTIVE** (#1)		3	MAJOR ELECTIVE ** (#4)		3
MAJOR ELECTIVE UL** (#2)		3	PSY 211		3
TOTAL HOURS		18.0	TOTAL HOURS		18.0

<b>FOURTH YEAR</b>					
<u>FALL</u>			<u>SPRING</u>		
HPE 390		3	HPE 450		3
MAJOR ELECTIVES UL** (#5)		3	HPE 490		3
HPE 420 W		3	HPE 470		8
ELECTIVES		3	ELECTIVES		3
TOTAL HOURS		17.0	TOTAL HOURS		17.0

**\*General Education Requirements – Some courses fulfill general education as well as major requirements. See catalog for accepted courses for general education**

**If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.**

**\*\*Choose a minimum of 5 courses from the list below.**

**CLINICAL WELLNESS ELECTIVES:**

HPE 212 (every spring) <u>or</u> PED 353 (every fall)	HPE 281 (even spring)#
HPE 301 W (odd spring)	HPE 379 (even fall)
HPE 370 (even fall) #	HPE 375 (even fall)
HPE 325 (odd fall)	HPE 430 (odd spring)#
HPE 435 (odd fall)	

up to 6 hours of approved electives to meet continuing education entrance requirements

# indicates electives that are strongly recommended