"Harvest Challenge" Race Information

General: The 5K course is a rolling route through the Lebanon shopping district, a residential area to our local park, and returning to campus. 5K participants may also walk. The half marathon course is a rolling to hilly but scenic route that initially travels the same route as the 5K and then extends to the farmland, meadows, pastures, one-lane bridges, and forested areas of northern St. Clair County. Runners enter "Hill Country" at the 8.5 mile point and will face a series of challenging hills over the next 1.5 miles. The half marathon also finishes on the McKendree campus. Our Half Marathon course closes at 11:00am, so we discourage walkers. We allow strollers on the 5K course only. We expect about 400 total participants. Enjoy post-race refreshments while they last. On Race Day, add \$5.00 to normal registration fees. The pre-race briefing is at 7:40am. Our McKendree phone number is (618) 537-6420/6941.

Course Distances: To keep both races starting at the same start line and finishing at the same finish line, the Half Marathon course is not perfect. The 5K does in fact measure 3.1 miles, but our "Super" Half Marathon, from start to finish, is actually 13.25 miles. You can, however, still nail a Personal Best (PB) time because we have a sign and a volunteer with a stop watch at the exact 13.1-mile point of the Half Marathon calling off times. You can note your time at that moment and then continue the short distance to our finish line.

Directions to McKendree University

- Interstate 64 to Exit 23, Illinois Route 4, Lebanon. Turn north on Route 4.
- Turn left (west) at the first flashing red light on West St. Louis Street in Lebanon.

<u>Or</u>

- Interstate 70 to Exit 21, Illinois Route 4. Turn south on Route 4.
- > Travel about 9 miles and turn right (west) at the flashing red light on West St. Louis Street in Lebanon.

Then,

- > Turn right (north) on Alton Street.
- > Travel north on Alton Street for ½ mile and just past the 4-way stop sign; our Melvin Price Convocation Center (MPCC) is on the right.
- ➤ There's plenty of parking (1) at the MPCC, (2) near the starting line across from the McKendree Fountain, or (3) in parking lots no one ever uses on Stanton Street which is one block on the other (west) side of the fountain.

For your convenience (and for a small fee), you can also register online at active.com

Here's how: Go to our University race web site at mckendree.edu/raceday and click "Harvest Challenge 2010." Scroll to mid-page and click on the "online via Active.com" link and you'll arrive at our active.com web site. Click "Register Now" and on the next page, select your race and start registering.

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Go directly to the "active.com" web site, type "McKendree Harvest Challenge" into the search bar at the top of the page. Click the "Search" button and you'll be taken to an "Activities & Events" page. Scroll to mid-page and click "McKendree Harvest Challenge Half Marathon and 5K." On the next page, click "Register Now," and on the next page, select your race and start registering.